



Geriatric Medicine

Graduates Establish Community Clinic to Increase Rural Access to Geriatrics Services

Graduates Drs. Amanda Gardhouse and Kevin Young are making a difference in the communities they serve by increasing access to geriatrics services.

With incredible support from the community, the Seniors Care Centre was established and the clinic is equipped to meet the needs of seniors in the surrounding community following closure of the Day Hospital at Orillia Soldiers Memorial Hospital.



Read the full story about this tremendous achievement here:

<http://www.orilliapacket.com/2016/07/13/community-rallies-around-clinic>

(photo credit: Orillia Packet)

Combined University Research Day (June)

This year's annual Combined University Research Day was hosted by Waterloo at the Centre of Excellence for Innovation in Aging. The event was structured to emphasize patient, family and interprofessional communication with the addition of two juries to complement the traditional scientifically-based judging: The Village of University Gates Jury (interprofessional practice award) and Residents and Families Jury (patient-centered care award).

Of the 42 abstracts (total) that were showcased, there was a very strong Toronto presence:

- Dr. Laura Budd - poster presentation
- Dr. Martha Carmichael - poster presentation
- Dr. Annie Cheung - oral presentation
- Dr. Natasha Lane - oral and poster presentations
- Dr. Grace Leung - oral and poster presentations
- Dr. Katrina Piggott - poster presentation
- Dr. Leigha Rowbottom - poster presentation
- Dr. Nathan Stall - oral presentation

We are very proud of all of our trainees and their outstanding work. Awards won:

- **Dr. Nathan Stall** (Dr. Paula Rochon, supervisor) - 1st prize, oral presentation
- **Dr. Annie Cheung** (Dr. Camilla Wong, supervisor) - 2nd prize, oral presentation
- **Dr. Natasha Lane, PhD (c)** (Dr. Walter Wodchis, supervisor) - Communication award, Residents and Families Jury

It is noteworthy to mention that Annie's supervisor, Camilla, received the very same award 15 years prior when she was a medical student! Annie is funded by a Li Ka Shing Knowledge Institute scholarship, the aim of which is to provide initial support for self-sustainable research of exemplary students who are pursuing graduate degrees.



Reflections: Society for General Internal Medicine (SGIM) Meeting

This past May, **Dr. Jennifer Watt** attended the annual SGIM meeting in Hollywood, Florida; she was selected for an oral presentation, *Preoperative Risk Factors Predict Risk of Delirium and Other Postoperative Complications among Elderly Patients Undergoing Elective Surgery: Systematic Review*. Dr. Sharon Straus also attended, noting that the caliber of data generated interest amongst participants and that "the audience was surprised she was still a resident!".

Upon reflecting on her experience, Jennifer offered some key learnings:

Covey's 4 quadrants - try to designate time for the important, but not, urgent items (see right)

Update on perioperative medicine

- Evidence continues to evolve for beta blocker use. Expert opinion seems to favour starting beta blockers preoperatively only in those patients at high risk of perioperative event ≥ 7 days in advance of surgery
- ACEi/ARB should be restarted early in the postoperative period (≤ 7 days postop); otherwise, patients at increased risk of 30 day mortality postoperatively.
- Preoperative statins appear to decrease the risk of major cardiovascular complications in the perioperative period

	Urgent	Not Urgent
Important		
Not Important		

PlanYourLifespan.org - an interactive tool meant to help older adults engage in advanced care planning was tested in a multi-centre RCT and showed increased planning behaviours.

UPDATE: Residency Program Committee Key Messages



- On June 8th 2016, the residency program underwent a successful internal review. The faculty were recognized for their dedication to the educational program.
- Supervisors are reminded to review learning objectives with residents at the start of the rotation. Feedback should be provided both mid-rotation and at the end of the rotation. Mid-rotation feedback is valuable and enables trainees to focus their efforts and demonstrate improvement during a rotation.
- **NEW:** We are introducing the [Royal College Consultation Letter Rating Scale](#) (click blue hyperlinked text to download). This tool should be used to evaluate consultation letters at least once every 6 months in the longitudinal clinic and on each rotation.
- **We need your help!** Please submit questions and model answers for the practice written exam for residents by email to: vicky.chau@uhn.ca; dan.liberman@uhn.ca

AWARDS & HONOURS

Dr. Dov Gandell was recognized for his contributions to education as the recipient of the **SHSC Department of Medicine Young Teacher Award**. Dov was presented with a plaque by Drs. Kevin Imrie and Gemini Tanna at a recent ceremony at Vaughan Estate (see inset).

Dr. Sharon Straus has received the distinguished honor of being named as an inductee to the Royal Society of Canada as a member of The College of Artists, Scholars and Scientists. The press release can be accessed online, [HERE](#).



Baycrest's **Annual Teaching Award for Outstanding Medical Education** honoured **Dr. Terumi Izukawa's** longstanding contributions to geriatrics across her numerous local, academic and national roles.

Sinai Health System/University Health Network has recognized Dr. Vicky Chau with the **Excellence in Teaching Award, New Faculty**. Vicky was also appointed as the Education Coordinator.

St. Michael's bestowed the **Excellence in Postgraduate Teaching Award** upon **Dr. Camilla Wong** in recognition for her contributions to medical education. The Division's **Barry J. Goldlist Teacher of the Year Award** (2015-16) was also presented to Camilla at the annual BBQ in July.

Baycrest honoured recent graduate, **Dr. Grace Leung**, for her scholarly achievements as the recipient of the **Research in Print Award**

St. Michael's **Philip Berger Award Advocacy Award** was presented to **Dr. Jillian Alston** for demonstrating outstanding commitment to advancing health and well-being to improve outcomes for patients.

At the May AGS ASM, **Drs. Richard Norman** and **Samir Sinha** received **Best Overall Paper Award** for the QI catheter study paper, which involved 25,000 MSH patients. Special mention was awarded to **Dr. Katie Krause** for the best Models of Care poster regarding the First Nations Outreach Program. **Dr. Grace Leung's** submission related to geriatrics education was featured in the Presidential Poster Session.

SOCIAL COMMITTEE & ADVOCACY UPDATE

We are excited to announce that **Dr. Katrina Piggott** (PGY4) will be joining as the 2016-17 resident representative on the Social Subcommittee.

The next social event is an annual favourite:

High Tea

Shangri-La Hotel

Saturday, October 29 - immediately following MSH "Geriatrics Update Course"

Additional details will be sent via email - stay tuned!

Upcoming Events

- **RPC** Wed, Sept 28; 5:30-6:30 via teleconference
- **Journal Club** Fri, Sept 30; 8:00am-9:00am via videoconference (OTN TSM# 59537098)
- **Baycrest Rounds** Thurs, Oct 6; 12:00pm-1:00pm. Dr. Michael Gordon, "Life, Education and the Medical Profession: On being a Physician-Patient, a personal perspective (OTN TSM# 56900006)
- **Baycrest Rounds** Thurs, Oct 20; 12:00pm-1:00pm. Dr. David Conn & Faith Malach, "Academic Long-Term Care Homes: Developments in Ontario and Around the Globe (OTN TSM# 57028649)
- **Journal Club** Fri, Oct 21; 8:00am-9:00am via videoconference - *rescheduled to earlier date re "Geriatrics Update Course" (see below)*
- **Executive Committee** Wed, Oct 26; 5:30-6:30 via teleconference
- **"Geriatrics Update Course"** Fri, Oct 28 (Michener Institute) & Sat Oct 29 (Mount Sinai Hospital); registration and program posted on [event website](#)
- **SOCIAL: High Tea** Sat, Oct 29 immediately following "Geriatrics Update Course" (above); Shangri-La Hotel (188 University Ave)
- **Baycrest Rounds** Thurs, Nov 3; 12:pm-1:00pm. Dr. Paula Rochon, topic to be announced (OTN TSM# 57029270)
- **Baycrest Rounds** Thurs, Nov 17; 12:00pm-1:00pm. Dr. Nathan Stall, topic to be announced (OTN TSM# 57029350)

- **RGP AGM** Thurs, Nov 17; 2:00pm-5:00pm. Vaughan Estate, [see flyer for agenda](#)
- **Journal Club** Fri, Nov 25; 8:00am-9:00am via videoconference (OTN TSM # 59540795)
- **Baycrest Rounds** Thurs, Dec 1; 12:00pm-1:00pm. Dr. Samir Sinha, topic to be announced (OTN TSM# 57029497)
- **Annual Divisional Retreat** Wed, Dec 7; 1:00pm start, dinner to follow. Hyatt Regency (370 King St W). Additional details to be confirmed via email.
- **Baycrest Rounds** Thurs, Dec 15; 12:00pm-1:00pm. Dr. Youmna Ahmed, topic to be announced (OTN TSM# 57029608)

ANNOUNCEMENTS

Dr. Karen D'Silva and partner Chris Elliott welcomed their 1st child, Isabel Georgia Elliott. Born on August 15, Isabel weighed in at 6lb 14 oz. All are well and enjoying northern Ontario together.

Congrats!



RECRUITMENT OPPORTUNITY

Geriatrics Division Head/Seniors' Wellness Clinic Physician Leader Mackenzie Health

Mackenzie Health is a regional healthcare provider serving a population of over a half million people in Southwest York Region and beyond. Mackenzie Health's Seniors Wellness Clinic provides comprehensive geriatric assessments to evaluate and identify the medical, functional and social disabilities of the older adult. Interventions are aimed to prevent further disabilities.

As a member of the Program's Leadership Team, the Division Head and Physician Leader will provide input on strategy development and operational plans, help execute the strategy, and provide leadership within the Seniors' Health portfolio.

[Click here to download the job posting](#)

Interested candidates are invited to submit a CV to:
Darlene Marando, Medical Affairs Department Manager
Mackenzie Health
#: 905-883-1212
@: darlene.marando@mackenziehealth.ca

DIVISION PUBLICATIONS

To access recent publications by your colleagues, click link below:

[Faculty Publications \(Apr-Sept 2016\)](#)



Have an upcoming event or announcement to share with the division?

Send details to:

liis-ann.klein@sunnybrook.ca