

CGS 36th Annual Scientific Meeting: Vancouver (April 14-16, 2016)

The 36th Annual Scientific Meeting of the Canadian Geriatrics Society was hosted in Vancouver in April 2016 and was well attended by faculty, trainees and alumnae.

Co-Chief Resident, **Dr. Jennifer Watt**, shared some pearls of wisdom from this year's event:



1. All PGY5s should attend the trainee education day. Many of the speakers are trying to give you helpful study tips for the geriatric medicine RCPSC exam
2. Careful selection and titration of medication used in the treatment of CHF should continue to be used even in a palliative care setting to improve symptom management
3. If you can only treat one thing in a diabetic patient, treat their blood pressure
4. Always remember, "one equals zero": we must work together as a team!
5. 2.5% of elderly drivers are drivers with dementia - that's a lot of potentially unsafe drivers on the road so be vigilant!

As well, Jennifer is this year's recipient of the esteemed Dr. Jack MacDonell Prize in recognition of her scholarly activity in updating the systemic review for pre-operative delirium assessment. **Dr. Camilla Wong** was also honoured and presented with The Peter McCracken Physician Innovator in Education Award. Incoming PGY4, Dr. Eric Wong, was the 2016 winner of the CIHR Institute of Aging Réjean Hébert Prize as the top scientific presentation by a medical resident in a core/primary program.



Following conference proceedings, Dr. Barry Goldlist welcomed colleagues to his Kitsilano condo for a reception where faculty, current subspecialty trainees, and those considering pursuing geriatrics training, were able to connect before continuing on to enjoy local Italian fare for dinner. Some pictures are included below:



UPDATE: Residency Program Committee Key Messages



- PGME's Internal Review of the residency program will take place on **Wednesday, June 8, 2016**. Residency Program Committee members, residents and a sampling of faculty have been invited to meet with the reviewers.
- An interuniversity agreement has been struck with University of Manitoba for a trainee to join for a 2-month placement in 2016/17
- Faculty and trainees encouraged to complete teacher, trainee and rotation POWER evaluations in a timely fashion
- Rollout of the RCPSC Competence By Design (CBD) has been delayed. The impact of this delay on GeriMed timelines is currently unknown; updates will be shared as information is made available. In the meantime, faculty are encouraged to visit the Royal College website for more information
<http://www.royalcollege.ca/portal/page/portal/rc/resources/cbme>
- "Copyright in the Classroom" presentation from UofT Librarian available - [click here to download](#). Distribution of Journal Club articles does not infringe upon copyright laws as circulation is for educational purposes, with appropriate acknowledgements.

AWARDS & HONOURS

Dr. Martha Carmichael has been selected as a 2016 recipient of the Saul and Esther Baker Award, presented annually to clinicians and medical trainees in recognition of their excellent and outstanding contributions in the care of older patients across Mount Sinai and the University Health Network Hospitals.

Dr. Jennifer Watt has been selected for an oral presentation at this year's SGIM Annual meeting (May 11-14; Hollywood, Florida) entitled, "Preoperative Risk factors Predict Risk of Delirium and Other Postoperative Complications Among Elderly Patients Undergoing Elective Surgery: Systematic Review"

With unanimous endorsement from the Residency Program Committee, **Dr. Jillian Alston** and **Dr. Nathan Stall** will be the 2016-2017 Co-Chief Residents.

Dr. Samir Sinha is currently serving a 3-year term as a government appointed member of Ryerson University's Board of Governors. As well, Samir has been promoted to Associate Professor (effective July 1, 2016) .

SOCIAL COMMITTEE & ADVOCACY UPDATE

Celebrate the Academic Year's Successes with the Blue Jays!



To celebrate the end of a successful 2015-2016 academic year, a group outing has been arranged for faculty and trainees to cheer the Jays on to victory over the Baltimore Orioles (Saturday, June 11; 1:07pm opening pitch).

This promises to be a fun-filled and family-friendly event. Group seating is at the 500 level; discounted tickets available for <12y/o.

Interested in joining? RSVP by email to Jillian Alston (jill.alston1986@gmail.com) to confirm the number of tickets you need by Tues., May 10.

3rd Annual Evergreen Brickworks Hot Chocolate & Skating Social

With the warm winter, Evergreen Brickworks was "ever" so "green," and the division's 3rd Annual Hot Chocolate and Skating event (Feb 28) involved neither hot chocolate nor skating! Nonetheless, fun was had by all.

See inset photo (right) featuring the young members of the Division of Geriatrics Grow-Your-Own-Geriatrician Program -- all in fine form after running around the Evergreen Brickworks pond, looking forward to a pizza picnic!



Thank you to everyone who came out!

\$3,000+ Raised for Alzheimer Society of Toronto

On January 30th, division members, residents and members of both the Medical Student and Resident Geriatric Interest Groups joined forces as the "Cognitive Enhancers" team at the Walk for Memories event in support of the Alzheimer Society of Toronto. Together, the team raised over \$3,000 in funds and roughly 40 people turned out to show their support.



This annual event raises awareness and funds to support programs and services in communities that are geared towards improving the quality of life for people living with dementia as well as their families.

Upcoming Events

- **Baycrest Rounds** (Thurs, May 5; 12pm-1pm) Dr. Don Melady, "Geriatric Emergency Medicine and the Senior-friendly ED". OTN TSM# 47204233.
- **DoM 14th Annual Education Achievement Celebration** (Wed, May 11; 5:30pm-7:30pm, Hart House)
- **RPC** (Thurs, May 19; 3pm-5pm - in-person at Sunnybrook rm. C103)
- **AGS 2016 Annual Scientific Meeting** (May 19-21; Long Beach Convention and Entertainment Centre, California). [Event website](#)
- **"Promoting Healthy Brain Aging and Preventing Dementia"** May 24-27; The Fairmont Banff Springs. Event information is posted online: <http://can-healthybrains.com>
- **DoM Annual Day** (Thur, May 26; 1pm-8pm at the Gardiner Museum)
- **Journal Club** (Fri, May 27; 8:00am-9:00am via videoconference)
- **Baycrest Rounds** (Thurs, Jun 2; 12pm-1pm) Dr. Carol Greenwood, topic TBA
- **Internal Review, Residency Program** (Wed, Jun 8; 7:45am-12:30pm). Outlook meeting requests have been sent re series of meetings with reviewers.
- **Combined University Research Day** (Wed, Jun 22; The Village at University Gates/Research Institute for Aging - 250 Laurelwood Drive, Waterloo). Abstract deadline has not been announced; updates will be sent via email. Event contact: (nisreen.murad@uwaterloo.ca)
- **Executive Committee** (Wed, Jun 29; 5:30pm-6:30pm via teleconference)
- **Annual GeriMed Boot Camp** (Mon, Jul 11; all day). Details to follow by email
- **External Review, Divisional (Thurs, Sept 8-Fri, Sept 9, 2016)**. A Save the Date notice has been sent to division members and trainees; additional details to follow via email.

ANNOUNCEMENTS

The Canadian Geriatrics Journal has recently accepted **Dr. Camilla Wong's** article, "*Validity, reliability and acceptability of the team standardized assessment of clinical encounter report*". Camilla has championed the merits of StACERs, and their role within medical education, spearheading a successful Postgraduate Innovation Fund (2011) application for this division-wide, multi-site initiative.

Dr. Samir Sinha's TEDxQueensU presentation, "How we can ACE the Care of Older Canadians" (Feb 2016) is available online (<https://www.youtube.com/watch?v=TBNPCsJU86s>).

Dr. Arielle Berger and her partner welcomed their second daughter, Gavriella, on February 5th. Joining Gavriella in the photo (see right), is her older sister, Reva:



Dr. Nathan Stall has been accepted to the Clinical Epidemiology and Health Care Research MSc program at UofT's Institute of Health Policy, Management and Evaluation.

Following residency training, **Dr. Jennifer Watt** will continue with her studies as part of the DoM's Clinician-Scientist Training Program. Jennifer has also received an offer of admission from the CIHR Drug Safety and Effectiveness Cross-Disciplinary Training (DSECT) program, the aim of which is to better understand how the selection, use and loss of medications play into the wider context of drug safety and efficacy.

RECRUITMENT OPPORTUNITY

North York General Hospital, Full-Time Geriatrician Position

North York General Hospital serves one the highest percentage of older adults in the country. Our Specialized Geriatric Services have been well established and highly rated for over 15 years. This is an outstanding opportunity to join an interdisciplinary practice model providing older adults and their families with geriatric inpatient and outpatient services.

Geriatric Ambulatory Services:

- Outpatient Clinics include inter-professional support with specialized services in: general geriatrics, memory, geriatric Parkinson's, fracture and fall prevention
- Geriatric Day Hospital includes a well-established comprehensive team
- Outreach Team offers home visits and outreach clinic
- Parkinson's Educational Program includes a pharmacist on site

Geriatric Acute Care Service:

- Inpatient Acute care of the Elderly Unit has 12 beds and includes care from full-time NP and pharmacist
- Inpatient Geriatric Consultation Service includes care from full-time NP

Academic appointment at the University of Toronto is an expectation with many opportunities for teaching and research. Internal Medicine contribution includes weekend daytime coverage for inpatients. There is no Internal Medicine Emergency Department, or overnight, call.

To apply, please contact:

Dr. Phil Shin, Chief of Medicine at NYGH (phil.shin@nygh.on.ca)

or

Dr. Bianca Petrut, Interim Lead Geriatrician at NYGH (bianca.petrut@nygh.on.ca)

DIVISION PUBLICATIONS

To access recent publications from your colleagues, click link below:

[Faculty Publications \(Jan-Apr 2016\)](#)



Have an upcoming event or announcement to share with the division?

Send details to:

liis-ann.klein@sunnybrook.ca